



Everyday...live fit live green

# REUSE

## Reuse Household Items *May*

### *Why is it important to reuse?*

Reusing items - repairing them, using them for other purposes instead of disposing them, donating them to charity and community groups, or selling them - reduces waste.

### *Did you know?*

- A household that uses a broom and sponge to clean instead of paper towels and other disposable supplies, can save \$665 year
- 2-5% of waste is potentially reusable
- 1/3 of the waste generated in the U.S. is packaging
- Every year Americans use enough plastic to shrink-wrap the state of Texas

### *What items can you reuse?*

- Don't throw out shoe boxes! They make great organizers and storage boxes.
- Reuse gift bags, wrapping paper, and shipping boxes.
- Shop with a reusable shopping bag and if you don't have one with you, be sure to reuse plastic bags.

### Here's how we can go *green*...and save some *green*!

If 50,000 Jazzercisers used reusable cleaning products instead of disposables, we'd save a combined total of \$33,250,000 a year!

**Sources:** US Environmental Protection Agency; *365 Ways To Save The Earth* by Philippe Bourseiller

jazzercise®

jazzercise.com • (800)FIT-IS-IT