



Spa La Quinta Welcomes

JAZZERCISE SPA GETAWAY ON LOCATION 2009

On Thursday, June 25, through Monday June 29, we invite the guests of Jazzercise to experience the special ambience of Spa La Quinta. Please enjoy any 25-minute spa service of your choice at \$75.00, any 50-minute service at \$90.00, or any 80-minute service at \$120.00 (excluding tandem treatments & Spa La Quinta Combination services) and 35% off any salon services. You must mention this special Jazzercise offer when you book your services and bring this flyer with you when you check in at the spa to receive this special price.

To book an appointment, call Spa La Quinta Toll free at (877) 527-7721 or at extension 4800 while you are at the Resort. Our entire staff is at your service.

Please arrive at the spa 20-30 minutes prior to your appointment start time to check in and prepare for your spa experience. A robe, slippers and a locker will be provided for your use while at the spa.

Spa guests must be at least 8 years of age, guests under 18 must be accompanied by a parent or guardian.

Fresh fruit, spa water and tea are available with your spa services. We invite you to enjoy our steam rooms, indoor lounges, and our outdoor areas with co-ed whirlpool and cold water wading fountain.

Enjoy your spa experience.



SPA LA QUINTA®



Treatment Menu

The ambiance of Spa La Quinta and many of the treatments were borrowed from the area's Native American ancestors. The outdoor spa experience takes precedence. From alfresco therapeutic baths and signature Celestial showers® to massage rooms with garden views through opened French doorways and the tranquil Sanctuary courtyard; many of the spa's signature treatments beautifully balance the indoors with the out.

Spa La Quinta also offers the full services of Yamaguchi Salon. Internationally known for cutting and coloring techniques, Celebrity Stylist Billy Yamaguchi originated his ideas and practices of integrating the Asian Feng Shui philosophy into a holistic approach to beauty. Some of the salon services include beauty consultations with Billy Yamaguchi, hair services, make-up artistry and Feng shui manicures and pedicures.

DESERT HEALING WATERS

A focus of many of the therapies at Spa La Quinta is water, because it boosts circulation and the immune system, helps detoxify the body and sends more oxygen and nutrients to its tissues. Enjoy a variety of alfresco baths or the spa's signature treatment---Celestial Shower

Celestial Shower® 10 minutes: \$35

Let your cares wash away in a private outdoor shower with the blue sky as your canopy. Cascading Swiss showers of varying strengths massage and invigorate. One of our most renowned treatments, we recommend it as a prelude to other services.

Wild Lavender Escape 15 minutes \$45

Sink into tranquility as the scent of lavender fills the air. This bath is extremely hydrating, soothing and healing to irritated, sun and wind burned skin.

Milk Whey Bath 15 minutes \$45

For centuries milk baths have healed and restored dry, sensitive skin. A rich blend of whey, fat and proteins from milk replenishes and retains your skin's protective layers, providing a natural cleansing and moisturizing effect.

Fango Mud Bath 15 minutes \$45

Derived from nourishing volcanic ash and soothing pine needle extract, finely textured fango powder provides a deeply cleansing treatment. As you relax in a warm bath, the active ingredients draw toxins from your body, gently easing aches and pains. This treatment is especially good for athletes.

Citrus Soak 15 minutes \$45

Refreshing citrus scents heighten your senses and carry away stress. A blend of chamomile, calendula, cucumber, ivy and a variety of citrus aromas superbly moisturize and revitalize your skin. This bath is the perfect prelude to our Orange Blossom Body Facial.

Seawater Soak 15 minutes \$45

This delicately scented bath uses trace marine elements to help moisturize and remineralize the skin in your own private "sea". These elements fortify the epidermis to help prevent cellular fatigue and improve circulation, leaving you relaxed and rejuvenated.

Desert Rose Bath 15 minutes \$45

Slip into a Garden Tub for a bath that is as fragrant as a rose. Crystallized extracts of rose essence permeate water and air to relieve stress and encourage relaxation.

BODY TREATMENTS

Spa La Quinta's exclusively designed body treatments refine the skin while they go deeper to detoxify, rebalance and calm. While their pampering qualities are unsurpassed, they are also excellent complements to stress management regimens.

Cahuilla Sage Cocoon 25 minutes \$95 **Jazzercise price: \$75**

Sage is a centuries-old remedy used by the area's local Cahuilla Indians to cleanse, calm and open up airways. Your therapist applies desert sage balm to your neck, shoulders and back, followed by a warm herbal cocoon wrap to relax and detoxify. Feel renewed with a soothing face and scalp pressure-point massage.

Desert Lavender Cocoon 25 minutes \$95 **Jazzercise price: \$75**

Lavender is among the most versatile of all essential oils. While known for its sedating effect, it also encourages deep cleansing, healing and new cell generation. Your therapist applies a rich lavender lotion to the areas of your body most in need, followed by a warm cocoon wrap soaked in lavender essence, and a relaxing massage of facial scalp pressure points.

Rainforest Body Cocoon 50 minutes \$140 **Jazzercise price: \$90**

Extremely healing and deeply moisturizing, this innovative treatment begins with an application of propolis serum over the entire body. Relax as you are wrapped in a warm body cocoon and your treatment specialist eases your tensions away with a neck and scalp massage. This treatment concludes as warm coconut milk is poured over your entire body and gently massaged in for astonishing healing and moisturizing results.

Scentsational Sunrise 80 minutes \$180 **Jazzercise price: \$120**

Awaken your senses with our full body Tri-Crystal microdermabrasion body scrub for the ultimate in exfoliation, leaving your skin super smooth and supple. Your body is then misted with rosemary essential oils to stimulate the skin and awaken the mind, followed by a massage with our rosemary deep moisturizing lotion.

Orange Blossom Body Facial 50 minutes \$135 **Jazzercise price: \$90** 80 minutes \$180 **Jazzercise price: \$120**

This treatment is soothing to the skin and soul. Your body is exfoliated and polished with a citrus herbal scrub, then gently misted with an orange blossom aromatherapy oil. To further hydrate, your skin is massaged with a facial-quality lotion. The final step is an application of either a mild glycolic polymer skin treatment with peppermint oil or aloe vera with grapefruit oil.

Grape Seed Crush Glow 25 minutes \$95 **Jazzercise price: \$75**

Vitamin-rich grape seed exfoliates, refines and rehydrates your skin. First, crushed grape seeds are applied to slough dead skin cells. Then, grape seed lotion, rich in antioxidants, is applied to help counter the effects of environmental damage. You will leave with a vibrant glow.

Citrus Scrub 25 minutes \$95 **Jazzercise price: \$75**

Salt and citrus combine in an invigorating exfoliation therapy. Salt is carefully applied to your body and massaged to remove dry skin. A creamy citrus lotion rehydrates and leaves your skin velvety smooth; its uplifting aroma reviving your senses.

Microderm Body Exfoliation 25 minutes \$95 **Jazzercise price: \$75**

Old World tradition meets modern technology. State of the art Tri-Crystal microdermabrasion technology combines sea salt, sugar and magnesium oxide crystals to give you the delicate hand applied exfoliation of a full body microdermabrasion, but in an application of a traditional salt scrub. This treatment features the unique "hydrashield" formula that will intensely moisturize the body and then seals it in. The results are unbelievably radiant skin.

Back-to-Beauty Facial 50 minutes \$140 **Jazzercise price: \$90**

You will dare to bare your back after this cleansing treatment. Your esthetician uses exfoliation, effleurage movements and specialty masks to target breakouts, sun damage and any personal concerns, leaving your back and upper arms hydrated and smooth.

Desert Sun Body Treatment 50 minutes \$130 **Jazzercise price: \$90**

Known throughout the Caribbean and Polynesian Islands for its legendary healing powers, "noni" is soothing, healing and naturally tightens the skin. Relax and feel the relief as your skin is soothed and hydrated by a noni body cocoon. To add to the experience warm coconut milk is poured over your body and gently massaged in, leaving you refreshed and renewed. This is a perfect treatment for skin that has been overexposed to the sun.

Detoxifying Seaweed Body Mask 50 minutes \$130 **Jazzercise price: \$90**

Let the rebalancing effects of seaweed renew your body. You will be comfortably wrapped in a specially selected seaweed to stimulate your body's perspiration and metabolism. As you luxuriate, enjoy a scalp massage and facial pressure-point treatment, followed by an application of botanically enriched satin oil.

Detoxifying Trilogy 80 minutes \$180 **Jazzercise price: \$120**

Start with a full body exfoliation containing Napa Valley grape seeds, which are high in antioxidants and a natural cleanser made from geranium essential oils, making your skin smooth and more receptive. Follow with a body cocoon that combines green tea, ginger and seaweed algae, which is known to help stimulate your body's metabolism. Conclude this treatment with the benefits of a lemongrass body massage.

Native Ritual 80 minutes \$180 **Jazzercise price: \$120**

The ritual begins with a spicy, aromatic geranium body scrub to make your skin smooth and more receptive, followed by an application of a mask made from volcanic ash and clay blended with a botanical elixir known as one of nature's most powerful detoxifiers. This ritual is concluded by an aromatherapy massage using our geranium lotion. This treatment is designed to purify, revitalize and tighten your skin.

Sole Soother 50 minutes \$130 **Jazzercise price: \$90**

Soothe your soles with this reparative foot facial that will exfoliate and then quench with a penetrating butter mask and cooling lotion to ease tension.

The La Quinta Sportsman 80 minutes \$185 **Jazzercise price: \$120**

This masculine treatment begins with a Tri-Crystal scrub that combines Dead Sea salt, sugar from sugar cane and magnesium oxide crystals for a stimulating exfoliation. You are then given a classic liniment rub down to enliven both your body and mind. Lastly, a sports massage using our specialty sports lotion will melt away the tension in your tired and sore muscles.

FACIAL SKIN CARE

You want your face to reflect your youthful sense of self. Yet its skin is constantly exposed to the damaging effects of sun, heat, wind and other environmental stresses that can leave it looking older than you feel. Spa La Quinta's facials use nourishing products and antiaging therapies to cleanse, hydrate and massage, revealing healthy skin that radiates with well-being

La Quinta Custom Facial 50 minutes \$140 **Jazzercise price: \$90** 80 minutes \$180 **Jazzercise price: \$120**

This is the classic facial - a gentle cleansing treatment customized to your skin's unique needs and target areas. With the 80 minute facial, your esthetician chooses active ingredients such as vitamin C, collagen, coenzyme Q10, exotic fruity, pure lactic acids and the tropical plant, "sleepy morning" to revitalize and pamper acids.

Restorative Break 25 minutes \$95 **Jazzercise price: \$75**

For a quick pick-me-up, this facial provides an instant glow. Your skin will be cleansed, exfoliated and rehydrated in a treatment that fits even the busiest schedule.

Epicuren™ Enzyme Facial Treatment 50 minutes \$145 (excludes extractions) **Jazzercise price: \$90**
80 minutes \$180 **Jazzercise price: \$120**

This results-oriented treatment features an enzyme peel and two masks to draw out toxins while lifting and toning the skin. Enzyme proteins and bacteria-fighting ingredients clear away pore blockages, remove impurities and reduce roughness. The 80 minute version includes a hand massage.

Seduction of the Senses 80 minutes \$180 **Jazzercise price: \$120**

This facial therapy for normal/dry skin indulges the senses. Nourishing soy, wheat and oat proteins are applied to strengthen your skin and slow its loss of elasticity, while black currant and passion fruit reduce the appearance of fine lines. You'll also enjoy a foot and hand massage with heated mitts. Music, tailored to the treatment's flow, evokes the sounds of the sea and is yours to take as a keepsake.

Sportsman Facial 50 minutes \$135 **Jazzercise price: \$90**

A cleansing and relaxing facial for skin irritated by shaving, sun exposure and sports. This treatment improves skin's appearance and tone for a youthful vitality. Your esthetician will discuss shaving techniques to minimize irritation and enhance your skin's condition. To avoid irritation, shaving is not recommended prior to this facial.

Babor Sea Creations Facial 80 minutes \$235 **Jazzercise price: \$120**

Thermophilus, the magical active ingredient formulated with pearl proteins and silk, releases pure energy in the skin to create fresh, new cells. Conch shells are used to pour ingredients harvested from the depths of the ocean and are used in the lymph drainage massage for the rebirth of your skin. Tiger cowries are placed on the meridian points and over the eyes for a calming effect and to allow energy to flow freely and thus release tension.

Rose Quartz Facial 80 minutes \$180 **Jazzercise price: \$120**

This moisturizing facial includes a luxurious massage with rose quartz on the skin to regenerate and promote cell growth. This beautiful stone of the rain forests is known for its healing properties and high mineral content. This treatment increases skin vitality, reduces existing lines and wrinkles, and protects against premature aging.

Propolis Facial 50 minutes \$135 **Jazzercise price: \$90**

Epicuren's amazing pure corigem propolis from Brazil's rain forests accelerates healing and helps skin repair itself. This is an excellent solution for troubled facial skin and finishes with a deep moisturizer. Propolis is not recommended for those with sensitivity or allergies to bees or honey products.

ENHANCEMENTS - May be scheduled as an addition to any facial treatment.

Hand Paraffin	\$30
Foot Paraffin	\$30
Hand & Foot Paraffin*	\$55
Eye Revive®	\$25
Hot Oil Scalp Treatment*	\$45
Happy Feet	\$45
Vitamin Cocktail Skin Reviver	\$30
Regeneration Ampoule	\$10
Clarifying Ampoule	\$10
Active Lifting Ampoule	\$10
Express Rosacea Relief	\$10
Lifting Algae Treatment	\$25 (Lips) \$30 (eyes)

**Please allow extra time for these services with any treatment*

WAXING SERVICES

Chin or lip waxing	\$20
Eyebrow touch up	\$25
Eyebrow Design	\$35
Half arm	\$55
Arm	\$95
Underarm	\$35
Leg	\$100
Half leg	\$65
Bikini	\$55
Back	\$95
Chest	\$65
Full face	\$55

MASSAGE

Treat sore muscles or simply melt away the stresses of the day with Spa La Quinta's choice of massages. We encourage you to discuss your preferences and goals, and any medical or physical considerations, with your therapist, so that your treatment thoroughly and safely meets your expectations. Please specify if you prefer a male or female therapist. Resort guests may enjoy massage services in their guest room. Sacred Stone Therapy is not available for in-guest-room requests.

Sacred Stone Therapy® 50 minutes \$145 **Jazzercise price: \$90** 80 minutes \$185 **Jazzercise price: \$120**

The healing power of stones is legendary among Native Americans. Your therapist uses smooth, warm stones to release tight muscles and energy pathways through a blend of gentle pressure and traditional massage.

Massage in Tandem 50 minutes \$270

Experience the ultimate in luxury as two therapists use a variety of choreographed massage movements to relieve all muscle tension. The rhythm of four hands will leave you feeling relaxed and renewed.

Desert Duet 50 minutes \$260 80 minutes \$350

Enhance the spa experience by sharing it with someone special. Couples, mothers and daughters, and best friends alike can enjoy side-by-side massages in a treatment room for two.

PGA WEST™ Golf Massage 25 minutes \$95 **Jazzercise price: \$75**

This specialized massage targets the areas of your body most affected by golf. You will feel tight muscles relax through therapeutic massage and pressure point techniques.

Desert Match Tennis Massage 25 minutes \$95 **Jazzercise price: \$75**

This performance-oriented massage keys in on neck, shoulders, forearms and knees to reduce muscular tightness and soreness to prepare you for your next game.

PGA West Golflexology 50 minutes \$135 **Jazzercise price: \$90**

This treatment is a perfect combination of our PGA West Massage and the always-satisfying Reflexology Massage. It targets the areas most affected by golf (neck, back and shoulders), as well as working reflex points on both the hands and feet.

Sports Massage 50 minutes \$145 **Jazzercise price: \$90** 80 minutes \$185 **Jazzercise price: \$120**

This specialized massage combines compression, deep transverse friction and stretching to improve athletic performance and help you to prepare for your next game – or recover from your last.

Four Hand Stone Massage 50 minutes \$275 80 minutes \$305

The ultimate indulgence awaits you as two massage therapists work in perfect harmony utilizing warm and cool stones to promote relaxation of body and soul.

Desert Lomi Lomi 50 minutes \$140 **Jazzercise price: \$90** 80 minutes \$185 **Jazzercise price: \$120**

This unique rejuvenating experience combines the ancient techniques of Hawaii's master healers with desert aromas and traditions. This massage gently reaches deep into the muscles, releasing a flow of energy to invigorate and restore.

Shiatsu Massage 50 minutes \$140 **Jazzercise price: \$90** 80 minutes \$185 **Jazzercise price: \$120**

In this classic Japanese therapy, your therapist uses finger and palm pressure on pressure points along major energy pathways to release tension and increase energy circulation.

Reflexology 25 minutes \$100 **Jazzercise price: \$75** 50 minutes \$140 **Jazzercise price: \$90**

Your therapist uses thumbs and fingers on reflex points on the foot that correspond to all areas of the body in this massage technique that is both rejuvenating and tension-relieving. This pressure-point massage reduces stress, increases circulation and stimulates the nervous system. The 50 minute version also includes massage to hands, head and neck.

Deep Tissue Massage 50 minutes \$160 **Jazzercise price: \$90** 80 minutes \$235 **Jazzercise price: \$120**

This therapeutic massage concentrates on breaking up scar tissue and lactic acid build-up in the muscles and promoting soft-tissue healing. Your therapist will choose the correct technique to match the physiological needs of the tissue, progressing slowly into deeper layers of tissue to relieve chronic patterns of tension.

La Quinta Custom Massage 50 minutes \$145 **Jazzercise price: \$90** 80 minutes \$185 **Jazzercise price: \$120**

If you experience chronic muscle tension, spasms or overuse due to stress, work or athletic activities, this customized massage integrates a variety of techniques which may include deep pressure, trigger point therapy, compressions and/or stretching to provide relief and reduce discomfort.

Aromatherapy Massage 25 minutes \$100 **Jazzercise price: \$75**
50 minutes \$140 **Jazzercise price: \$90**
80 minutes \$185 **Jazzercise price: \$120**

A luxurious massage enhanced by your choice of the purest of essential lotions with aromas drawn from around the world. This massage promotes relaxation and a revitalization of the senses.

La Quinta Swedish Massage 25 minutes \$95 **Jazzercise price: \$75**
50 minutes \$140 **Jazzercise price: \$90**
80 minute \$180 **Jazzercise price: \$120**

This is the time-honored classic that many people associate with the art of massage. Your therapist combines long connective strokes, kneading and localized circular movements to ease mind and body, promoting well-being and achieving deep relaxation.

Maternity Massage 25 minutes \$100 **Jazzercise price: \$75** 50 minutes \$140 **Jazzercise price: \$90**

This relaxing massage nurtures both mother and child, while easing discomforts associated with pregnancy such as pressure, swelling and an aching back. Extra care and attention are given to your comfort and stage of pregnancy. Please let us know the number of weeks of your pregnancy when scheduling your appointment.

** In-room massage available upon request. Additional fees apply.*

LA QUINTA COMBINATIONS

For an unsurpassed Spa La Quinta Experience, we've created several combinations of therapies that work synergistically for optimal results. All packages must be scheduled for the same individual on the same day. Special discounts do not apply to packages, unless specified in the special offer.

Spa La Quinta Signature Package 3 hours, 45 minutes \$395

This package combines all of our signature treatments to bring you a truly remarkable experience. Start with a Celestial Shower or outdoor bath, followed by our 50 minute Orange Blossom Body Facial. Next relax with our 80 minute La Quinta Custom Massage. This signature package concludes with an 80 minute La Quinta Custom Facial.

Desert Wine and Roses Ultimate Experience 3 hours, 25 minutes \$390

The ultimate in romantic luxury begins with a soothing Desert Rose Bath, filled with the fragrance of roses and selected essential oils, followed by a massage with nurturing rose-scented lotion. A full-body scrub uses vitamin-rich crushed grape seeds from California 's Napa Valley wine region. The finishing touch is an 80-minute Rose Quartz Facial to cleanse, exfoliate, tighten and tone the skin while permeating your senses with a beautiful floral aroma.

Sanctuary Package 2 hours \$275

This package begins with a choice of one of our signature outdoor treatments – the Celestial Shower or outdoor bath, followed by a 50 minute La Quinta Swedish Massage and a 50 minute La Quinta Custom Facial.

Ultimate Bliss 3 hours \$395

First your skin is replenished with our Rainforest Body Cocoon. Next treat yourself to the cooling relief of the Desert Sun Body Treatment. Complete the nurturing process with a Propolis Facial.

A Magnificent Renewal 6 to 7 hours \$825

The perfect pampering makeover! Put yourself in the caring hands of our specialists who revive, rejuvenate and renew you from head to toe. This all day experience includes:

Fitness and Nutritional Analysis

Outdoor Bath or Celestial Shower®

Specialty Massage

French Body Polish

Skin Analysis and Facial

Hair Consultation and your Choice of Cut and Style or Color and Style or Perm and Style

Spa Manicure and Pedicure

Bento Box Lunch

The Siesta 75 minutes \$205

A warming, cleansing and relaxing combination that includes our Celestial Shower or outdoor bath, a 30 minute La Quinta Swedish Massage and a 30 minute Restorative Break Facial.

Build Your Own Package

Create a spa package that is personal to you. Choose three individual services of 50 minutes or greater and receive a great package discount of 15%

**All packages must be scheduled for the same individual on the same day. Treatment enhancements and waxing cannot be booked as part of this package. Discounts do not apply to packages, unless specified in a special discount offer.*

Back in Balance 2 hours \$235

After a day on the links, rebalance with a healing escape to Spa La Quinta. The experience begins with a private outdoor Celestial Shower® then a PGA West Golfology Massage to relieve tension in the back, neck and shoulders – hitting reflex points to release stress. Finally, revive with a 30 minute facial or a Scalp massage.

YAMAGUCHI AT SPA LA QUINTA

Jazzercise Special: 35% off all salon services

California Style Magazine picked Yamaguchi Salon as one of the "TOP 5 SALONS" in California and one of the "25 BEST REASONS" to visit California!

Celebrity stylist Billy Yamaguchi and this team of designers balance and harmonize your hair, make-up and personal style by applying the ancient principles of Feng Shui. Experience the Yamaguchi interpretation of Feng Shui and beauty in each of the salon's services. All services at Yamaguchi Salon begin with a consultation so that they may better serve you, so reservations are recommended.

Hair Services

Feng Shui Haircut with Billy Yamaguchi	From \$200
Design Cut & Style	From \$85
Blow Dry or Set	From \$55
Blow Dry with Flat Iron	From \$110
Formal Styling (up-do)	From \$85
Bridal Styling	From \$125
Permanents and Straightening	From \$165
Bamboo conditioning Treatment (20 minutes)	From \$45
Essential Oil Scalp Treatment (20 minutes)	From \$40
Japanese Hair Straightening	Priced by Consultation
Children's Cuts	Priced by Consultation
Corrective Color (by consultation)	

Colouring Artistry

Color services include style and dry. Corrective colour clients please remember that some corrections may take several appointments before optimum results are achieved.

Single Process Colour	From \$135
Partial Highlights	From \$160
Full Highlights	From \$225
Corrective Colouring	Priced by Consultation

Makeup Artistry

Makeup Application	\$55
Eyebrow Shaping	\$25
Makeup Lesson	\$80
Bridal Makeup	\$125

Feng Shui Manicure or Pedicure 55 minutes per service \$75

Receive a relaxing, customized massage and exfoliation according to your element. Your hands and/or feet are pampered with luxurious spa Products. Nail polish will complement your skin tone and element. A cup of Yamaguchi tea completes the service.

Hayaku Manicure 25 minutes \$45

A cleansing of the hands, nail and cuticle shaping, emollient balm and polish application.

Hayaku Pedicure 25 minutes \$55

A cleansing of the feet, nail shaping, cuticle conditioning, emollient balm and polish application.

Centuring Manicure 55 minutes \$70

A relaxing manicure including a hand and lower-arm massage, nail and cuticle conditioning, polish application and moisturizing paraffin dip. Luxurious spa products clean, exfoliate and moisturize.

Centuring Pedicure 55 minutes \$80

Our calming pedicure includes a cleansing, essential oil application, followed by a massage with emollient balm, exfoliation, paraffin dip, nail conditioning, trimming and polish application.

Vegetable Mask Manicure or Pedicure 55 minutes \$70

A Centuring Manicure or Centuring Pedicure without the paraffin dip, adding a vegetable masque.

Bamboo Awakening Pedicure 55 minutes \$80

Yin Yang gel is massaged on feet and lower legs after a soak in tension relieving salts. A bamboo massage aids circulation. Nails are conditioned, trimmed and buffed or polished. Yamaguchi Massage Creme completes the service.

Polish Change \$20

French Polish (Add on) \$10

Hand & Foot Paraffin Treatment 25 minutes \$55

Hot towels remove daily stresses before an exfoliation and massage with emollient balm. A quick immersion in paraffin infused with essential oils complete this lavish treatment.

Spa Gel Nails Full \$100 – Fill \$65

A European alternative to beautiful, healthy nails.

Please confirm salon appointments by calling 760-777-4888. Pricing for services are subject to change. The salon requires a 24 hours notice for cancellations. Any cancellations after the required time or those who do not show up for their appointment will result in their credit card being charged for the services or their gift certificate being redeemed for the amount of scheduled services.

CHILDREN AND YOUNG ADULT COLLECTION

Spa La Quinta invites children and young adults to experience “spa” with our new children and young adult spa menu. Children under the age of 19 can also enjoy a massage side by side with a parent or guardian in our couple’s massage room.

TREATMENT COMBINATIONS**Papaya and Pineapple Body Scrub and Coconut Milk Massage** 50 minutes \$105 **Jazzercise price: \$90**

Skin exfoliation with a tropical papaya/pineapple scrub, followed by a warm coconut milk massage.

Mandarin orange Body Scrub and Vanilla/Coconut Massage 50 minutes \$105 **Jazzercise price: \$90**

Skin exfoliation with a mandarin orange, walnut and almond body scrub, followed by a vanilla bean/coconut milk massage.

Island Sunset Body Cocoon and Massage 50 minutes \$105 **Jazzercise price: \$90**

A little bit of island relaxation in the desert! A “noni” body cocoon, followed by a coconut milk massage.

MASSAGE TREATMENTS**Orange & Cream Massage** 25 minutes \$70 50 minutes \$105 **Jazzercise price: \$90**

Swedish massage where orange sherbet and French vanilla lotions are swirled over the body and massaged in to perfection.

Aromatherapy Massage 25 minutes \$70 50 minutes \$105 **Jazzercise price: \$90**

Massage enhanced by essential lotions with aromas. Child may choose from a variety of lotions.

Young Athlete Massage 25 minutes \$70 50 minutes \$105 **Jazzercise price: \$90**

Gentle, yet stimulating liniment rub, followed by a customized sports massage.

FACIALS**Pre-Teen Facial** 25 minutes \$70 50 minutes \$150 **Jazzercise price: \$90**

An experienced esthetician will perform a special facial, featuring Youth Skincare products. Throughout this experience, each child and young adult will be educated on the importance of proper skincare, acne prevention and sun protection. Parents are welcome to be a part of this experience.

ZAP IT! Facial 50 minutes \$105 **Jazzercise price: \$90**

State-of-the-art acne fighting facial using products specifically designed to work together to diminish acne causing bacteria and stimulate the skin’s own immune system.

Sun Dancer Facial 50 minutes \$105 **Jazzercise price: \$90**

A little TLC after a day in the desert sun, noni gel is the key element of this facial; it will nourish and sooth the skin.

WE WANT YOU TO KNOW...

UPON ARRIVAL

Please check in 20 minutes prior to your first scheduled Spa service at the Spa La Quinta Reception Desk. We encourage you to allow extra time to enjoy our steam room, aromatherapy lounges, showers, co-ed outdoor whirlpool spa, wading fountain, and our centerpiece, the lushly landscaped Sanctuary Courtyard.

WHAT DO I BRING?

A robe, sandals, towels and lockers are provided for your use. Please remove jewelry prior to treatment. Safe deposit boxes are provided at the men's and women's attendant desks. Please bring a bathing suit if you plan to use our co-ed whirlpool.

PREPARING FOR YOUR TREATMENT

To avoid irritation, shaving is not recommended prior to body treatments. For your safety, please remove contact lenses prior to facial services.

SPA ETIQUETTE

For the comfort of all guests, please turn off cellular phones, laptops and pagers prior to arrival. Smoking is prohibited in the spa and alcohol is not recommended before or after treatments. We reserve the right to refuse service to anyone appearing to be under the influence of alcohol. Your therapist may terminate the service, without a refund, if inappropriate language or actions occur.

CHILDREN ARE WELCOME

At Spa La Quinta we welcome children from the ages of 8 and older. Children under the age of 18 must be accompanied by a parent or guardian; a waiver of liability must be signed for every child. Children under the age of 18 are not permitted to use the spa facilities, such as the steam room or water features in our Sanctuary Courtyard.

LATE ARRIVALS AND CANCELLATIONS

If you arrive late, the length of your treatment will be reduced to end as scheduled, allowing our therapists to take their next scheduled appointment on time. If you must cancel, please call 24 hours in advance to avoid the cancellation fee. If you must reschedule your appointment, please notify the spa six hours before your scheduled appointment to avoid a 50% service charge.

ARE SPA PRODUCTS AND GIFTS AVAILABLE?

You may purchase many of the products used in our treatments, as well as other spa gifts, in Oasis (spa shop) located at the entrance of Spa La Quinta.

OUR TIPPING POLICY

Gratuities for therapists are discretionary. Please ask our Spa Consultants for guidelines when you make your reservations or at check-in.

WHAT SHOULD I COMMUNICATE TO YOU?

Please advise our staff if you have allergies, are pregnant, recovering from recent surgery, taking any medical treatments or have any existing medical concerns. We will gladly discuss your goals, preferences and answer questions.

WHERE CAN I FIND YOU?

Spa La Quinta is located at the legendary La Quinta Resort & Club, in the Greater Palm Springs area. For driving directions, please call 760-777-4805 or visit us online at www.laquintaresort.com.

R.S.V.P.

Please confirm your reservations by calling 760.777.4800.

SPA LA QUINTA HOURS

Hours may vary seasonally.

SPAmigos

For spa updates and special discounts, join SPAmigos online at www.LaQuintaResort.com/SPAmigos



49-499 Eisenhower Drive, La Quinta, CA 92253
Telephone: 760-777-4800 Toll Free: 877-527-7721 Reservations Fax: 760-564-5723
For exclusive offers, join SPAmigos at www.LaQuintaResort.com