

The results of the study were presented last month at the prestigious “Biennial Cancer Survivorship Research Conference,” sponsored by The National Cancer Institute, the American Cancer Society, LIVESTRONG and the Centers for Disease Control and Prevention.

“On behalf of everyone at Back in the Swing USA, I am grateful to the thousands of Jazzercisers who enthusiastically rallied around our mission of promoting joyful, healthy living after breast cancer,” said Back in the Swing USA founder Barbara Unell, a 28-year Jazzercise enthusiast and breast cancer survivor. “The generous donation from Jazzercise will be allocated for new breast cancer survivorship medical services and research to help breast cancer survivors heal from the physical and psychological effects of treatment, as well as prevent recurrence.”

About Jazzercise

Judi Sheppard Missett, who turned her love of jazz dance into a worldwide dance exercise phenomenon, founded the Jazzercise dance fitness program in 1969. Judi advanced the business opportunities of women and men in the fitness industry by growing the program into an international franchise business that today, hosts a network of 7,800 instructors teaching more than 32,000 classes weekly in 32 countries.

The workout program, which offers a fusion of jazz dance, resistance training, Pilates, yoga, and cardio box movements, has positively affected millions of people worldwide. Benefits include increased cardiovascular endurance, strength, and flexibility, as well as an overall "feel good" factor. Additional Jazzercise programs include Junior Jazzercise, Jazzercise Lite and Personal Touch. Jazzercise has raised more than \$27 million for charitable organizations around the world. For more information about Jazzercise, go to jazzercise.com or call (800) FIT-IS-IT.

About Back in the Swing

The Back in the Swing® Foundation for Breast Cancer Survivorship is the first and only national nonprofit organization exclusively providing grassroots awareness, education and fundraising on behalf of the millions of breast cancer survivors to empower them to get back in the swing of life physically, emotionally and spiritually. For more information, please visit www.backintheswing.org.

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